

Pl	tnr	Name	Zeit															
H19- (Herren ab 19 lang) (6)					8,7 km			24 P			<i>(Forts.)</i>							
			1(101) 15(117)	2(102) 16(118)	3(106) 17(120)	4(107) 18(119)	5(108) 19(125)	6(104) 20(126)	7(103) 21(128)	8(109) 22(121)	9(110) 23(122)	10(111) 24(100)	11(112) Ziel	12(113)	13(114)	14(116)		
		Jesús Hervás Lucas Gymnasion Offenba	Aufg	3:54 3:54 -----	6:27 2:33 -----	15:57 9:30 -----	17:53 1:56 -----	22:00 4:07 -----	-----	-----	-----	-----	-----	-----	-----	-----	-----	
D45- (Damen ab 45) (2)					5,1 km			15 P										
			1(101) 15(100)	2(102) Ziel	3(103)	4(110)	5(111)	6(112)	7(113)	8(114)	9(116)	10(117)	11(118)	12(120)	13(119)	14(123)		
1		Iris Kosch OLV Steinberg	1:07:37	2:43 2:43 1:07:19 2:07	3:53 1:10 1:07:37 0:18	4:56 1:03	17:05 12:09	23:52 6:47	28:12 4:20	33:21 5:09	41:02 7:41	47:03 6:01	49:42 2:39	54:26 4:44	57:53 3:27	1:01:28 3:35	1:05:12 3:44	
AK		Sabeth Kosch OLV Steinberg	1:10:49	2:26 2:26 1:10:32 2:09	7:06 4:40 1:10:49 0:17	8:06 1:00	20:18 12:12	27:07 6:49	31:28 4:21	36:26 4:58	44:13 7:47	50:12 5:59	52:57 2:45	57:38 4:41	1:01:08 3:30	1:04:39 3:31	1:08:23 3:44	
D55- (Damen ab 55) (1)					4,5 km			11 P										
			1(102)	2(103)	3(110)	4(111)	5(113)	6(115)	7(117)	8(118)	9(119)	10(122)	11(100)	Ziel				
1		Gisela Müller TV 1886 Diedenber	1:29:42	5:03 5:03	7:17 2:14	29:08 21:51	39:37 10:29	48:09 8:32	54:32 6:23	1:03:58 9:26	1:11:24 7:26	1:19:01 7:37	1:24:56 5:55	1:29:12 4:16	1:29:42 0:30			
H35- (Herren ab 35) (5)					8,7 km			24 P										
			1(101) 15(117)	2(102) 16(118)	3(106) 17(120)	4(107) 18(119)	5(108) 19(125)	6(104) 20(126)	7(103) 21(128)	8(109) 22(121)	9(110) 23(122)	10(111) 24(100)	11(112) Ziel	12(113)	13(114)	14(116)		
1		Marcus Schmidt TSG Wiesloch	1:14:34	1:38 1:38 52:06 2:16	2:41 1:03 55:31 3:25	8:24 5:43 57:54 2:23	10:42 2:18 1:00:12 2:18	13:30 2:48 1:03:34 3:22	17:32 4:02 1:04:48 1:14	20:22 2:50 2:07:57 1:03:09	26:43 6:21 1:09:17 3:13	29:14 2:31 1:12:30 1:56	33:02 3:48 1:14:26 0:08	36:00 2:58	40:01 4:01	44:52 4:51	49:50 4:58	
2		Torsten Kleipa OLF Mainz	1:15:38	2:36 2:36 52:42 2:06	3:36 1:00 55:56 2:20	9:33 5:57 58:02 2:06	10:52 1:19 1:00:15 2:13	13:49 2:57 1:03:43 3:28	18:35 4:46 1:05:01 1:18	21:35 3:00 2:08:16 1:03:15	27:37 6:02 1:10:12 3:12	30:15 2:38 1:13:24 2:03	34:09 3:54 1:15:27 0:11	36:59 2:50 1:15:38 0:18	40:24 3:25	44:56 4:32	50:07 5:11	
3		Benno von Kutzsch Skizunft Wiesbaden	1:30:10	3:36 3:36 1:03:10 2:26	4:37 1:01 1:06:56 3:46	13:59 9:22 1:09:50 2:54	15:18 1:19 1:12:38 2:48	18:29 3:11 1:16:38 4:00	23:44 5:15 1:18:04 1:26	26:38 2:54 2:21:54 1:03:50	33:24 6:46 1:23:59 3:10	37:30 4:06 1:27:09 2:43	42:19 4:49 1:29:52 0:18	45:40 3:21 1:30:10 0:18	49:56 4:16	55:19 5:23	1:00:44 5:25	
4		Sven Göbel Gymnasion Offenba	1:45:17	2:33 2:33 1:05:13 2:51	3:43 1:10 1:09:37 4:24	11:23 7:40 1:22:08 12:31	12:56 1:33 1:24:52 2:44	16:26 3:30 1:29:11 4:19	21:59 5:33 1:30:47 1:36	25:40 3:41 2:35:06 1:04:19	33:43 8:03 1:37:50 3:33	37:15 3:32 1:42:24 4:34	42:11 4:56 1:45:02 2:38	46:13 4:02 1:45:17 0:15	50:18 4:05	56:58 6:40	1:02:22 5:24	
		Volker Koch Skizunft Wiesbaden	Aufg	3:25 3:25 -----	4:45 1:20 -----	13:34 8:49 -----	15:16 1:42 -----	19:02 3:46 -----	25:00 5:58 -----	28:33 3:33 -----	36:21 7:48 -----	40:26 4:05 -----	46:19 5:53 -----	50:52 4:33 -----	56:37 5:45 -----	-----	-----	1:13:18 16:41
H45- (Herren ab 45) (5)					6,7 km			23 P										
			1(105) 15(120)	2(102) 16(119)	3(103) 17(122)	4(104) 18(121)	5(109) 19(128)	6(110) 20(126)	7(111) 21(125)	8(112) 22(123)	9(113) 23(100)	10(115) Ziel	11(114)	12(116)	13(117)	14(118)		
1		Christian Kosch OLV Steinberg	59:40	1:20 1:20 41:40 2:07	2:38 1:18 44:09 2:29	3:29 0:51 45:31 1:22	6:27 2:58 47:52 2:21	11:24 4:57 1:51:07 1:03:15	14:22 2:58 53:46 1:22	18:12 3:50 55:08 1:22	21:08 2:56 57:47 2:39	25:17 4:09 59:31 1:44	27:43 2:26 59:40 0:09	30:02 2:19	34:25 4:23	36:31 2:06	39:33 3:02	
2		Stefan Röhl OLF Mainz	1:11:21	2:21 2:21 49:10 2:29	3:50 1:29 51:58 2:48	4:45 0:55 53:28 1:30	8:31 3:46 56:47 3:19	13:44 5:13 2:00:56 1:04:09	16:55 3:11 1:04:12 1:05:50	22:23 5:28 1:08:52 1:08:58	25:32 3:09 1:11:07 3:08	29:22 3:50 1:11:07 2:09	32:32 3:10 1:11:21 0:14	35:15 2:43	40:37 5:22	43:02 2:25	46:41 3:39	
3		Eyke Diehr OLF Mainz	1:14:20	2:04 2:04 52:25 2:57	3:28 1:24 55:20 2:55	4:34 1:06 56:43 1:23	7:51 3:17 1:00:03 3:20	13:43 5:52 2:04:10 1:04:07	18:43 4:23 1:07:12 5:00	23:06 4:23 1:08:52 1:40	26:23 3:17 1:11:50 2:58	30:58 4:35 1:14:07 2:17	34:12 3:14 1:14:20 0:13	37:01 2:49	43:08 6:07	45:40 2:32	49:28 3:48	
4		Christoph Käsbach SC Oberodenthal	2:00:00	2:24 2:24 1:22:25 4:24	4:28 2:04 1:25:30 3:05	7:11 2:43 1:28:27 2:57	13:41 6:30 1:39:22 10:55	25:46 12:05 2:44:13 1:04:51	34:20 8:34 1:49:24 2:30	39:02 4:42 1:51:54 2:30	42:40 3:38 1:55:33 3:39	46:59 4:19 1:59:35 4:02	51:48 4:49 2:00:00 0:25	58:37 6:49	1:05:55 7:18	1:13:25 7:30	1:18:01 4:36	
		Robert Ernst Miess OL-Team Filder	Aufg	4:00 4:00 -----	5:49 1:49 -----	7:06 1:17 -----	11:01 3:55 -----	18:58 7:57 -----	25:01 6:03 -----	31:45 6:44 -----	39:10 7:25 -----	45:57 6:47 -----	50:02 4:05 -----	54:35 4:33 -----	1:10:01 15:26 -----	1:15:32 5:31 -----	1:19:34 4:02 -----	

Pl	tnr	Name	Zeit														
H55- (Herren ab 55) (3)				6,7 km							23 P						
				1(105)	2(102)	3(103)	4(104)	5(109)	6(110)	7(111)	8(112)	9(113)	10(115)	11(114)	12(116)	13(117)	14(118)
				15(120)	16(119)	17(122)	18(121)	19(128)	20(126)	21(125)	22(123)	23(100)	Ziel				
1		Dirk Hartmann	1:00:33	1:25	2:40	3:27	6:26	11:13	15:40	19:48	22:47	26:03	28:43	31:03	35:46	38:03	41:09
		SV Mietraching		1:25	1:15	0:47	2:59	4:47	4:27	4:08	2:59	3:16	2:40	2:20	4:43	2:17	3:06
				43:23	45:59	47:13	49:22	1:52:47	55:16	56:51	59:18	1:00:21	1:00:33				
				2:14	2:36	1:14	2:09	1:03:25		1:35	2:27	1:03	0:12				
2		Robert Weigold	1:22:30	2:23	3:41	4:39	8:44	14:24	17:45	23:27	29:52	34:50	38:10	40:45	46:37	49:21	53:10
		TSG Bad König		2:23	1:18	0:58	4:05	5:40	3:21	5:42	6:25	4:58	3:20	2:35	5:52	2:44	3:49
				55:41	58:51	1:00:28	1:07:39	2:11:53	1:15:06	1:16:48	1:20:07	1:22:19	1:22:30				
				2:31	3:10	1:37	7:11	1:04:14		1:42	3:19	2:12	0:11				
		Klaus Pflästerer	N Ang														
		AC 1892 Weinheim															
H65- (Herren ab 65) (1)				5,1 km					15 P								
				1(101)	2(102)	3(103)	4(110)	5(111)	6(112)	7(113)	8(114)	9(116)	10(117)	11(118)	12(120)	13(119)	14(123)
				15(100)	Ziel												
		Heinrich Götte	Disqu	2:48	5:03	6:44	19:29	25:50	29:59	34:52	42:00	48:03	50:53	55:01	57:54	1:00:58	1:04:22
		OLF Mainz		2:48	2:15	1:41	12:45	6:21	4:09	4:53	7:08	6:03	2:50	4:08	2:53	3:04	3:24
				1:06:58	1:07:19												
				2:36	0:21												